Class or Reading:

Date:

Page \_\_\_\_ of \_\_\_\_

|  |  |
| --- | --- |
| **CUE/QUESTIONS** | **NOTES***1. RECORD: During the lecture, use the “notes” column to record things in short sentences or whatever format helps you.* *2. QUESTIONS: As soon after class as possible write questions based on the notes in the “cue/questions” column. Writing questions helps clarify meanings, reveal relationships, establish continuity and strengthen memory. Also, writing questions sets the stage for study notes or flashcards for studying with exams.* *3. RECITE: Cover the “note” column with a sheet of paper. Then, looking at the “cue/questions” column, only say aloud in your own words the answers to the questions, facts or ideas indicated by cue words.* *4. REFLECT: Reflect on the material by asking yourself questions, for example: “What is the significance of these facts? What principle is this based on? How can I apply this? How does this fit with what I already know?”* *5. REVIEW: Spend at least 10 minutes every week reviewing all of your previous notes. If you do, you will retain a great deal for current use and for the exam.*  |

|  |
| --- |
| **SUMMARY** *After class, use the space at the bottom of the page to summarize the notes on the page.*  |

Adapted from: How to Study in College 7/e by Walter Pauk, 2001 Houghton Mifflin Company

