Class or Reading:

Date:

Page \_\_\_\_ of \_\_\_\_

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| **CUE/QUESTIONS** | **NOTES**  *1. RECORD: During the lecture, use the “notes” column to record things in short sentences or whatever format helps you.*  *2. QUESTIONS: As soon after class as possible write questions based on the notes in the “cue/questions” column. Writing questions helps clarify meanings, reveal relationships, establish continuity and strengthen memory. Also, writing questions sets the stage for study notes or flashcards for studying with exams.*  *3. RECITE: Cover the “note” column with a sheet of paper. Then, looking at the “cue/questions” column, only say aloud in your own words the answers to the questions, facts or ideas indicated by cue words.*  *4. REFLECT: Reflect on the material by asking yourself questions, for example: “What is the significance of these facts? What principle is this based on? How can I apply this? How does this fit with what I already know?”*  *5. REVIEW: Spend at least 10 minutes every week reviewing all of your previous notes. If you do, you will retain a great deal for current use and for the exam.* |

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| **SUMMARY**  *After class, use the space at the bottom of the page to summarize the notes on the page.* |

Adapted from: How to Study in College 7/e by Walter Pauk, 2001 Houghton Mifflin Company

